

PREPARING YOUR CHILD FOR KINDERGARTEN



IN ONE SCHOOL YEAR A CHILD SPENDS:

7800 hours at home
and
900 hours at school

Jim Trelease





EVERYDAY COMMUNICATION YOUR CHILD SHOULD BE ABLE TO DO INDEPENDENTLY:



- Say their **first** and **last name**
- Say their teacher's name
- Say their **bus number** and **recognize their bus number** (You should practice this once you receive it.)



PERSONAL HYGIENE TO REDUCE THE SPREAD OF ILLNESSES

- Wear a mask over their nose and mouth
- Wash and dry hands
- Use the bathroom independently including zipping and buttoning pants
- Use a tissue to wipe and blow their nose
- Cough/sneeze into their elbow

FINE MOTOR SKILLS YOUR CHILD SHOULD BE ABLE TO ACCOMPLISH INDEPENDENTLY

- Put on and zip up a coat independently
- Pack up and put on a backpack independently
- Zip/unzip a backpack
- Open food containers at snack and lunch
- Hold a book and turn pages
- Correct pencil grip
- Cut with scissors



FINE MOTOR SKILLS YOUR CHILD SHOULD BE ABLE TO ACCOMPLISH INDEPENDENTLY

- Correct pencil grip
 - Pinch and Flip
 - Cotton ball trick



(Place a cotton ball in the palm of the hand, squeeze and hold pencil while doing so.)

- Cutting with scissors
 - Eyes and hands work together
 - Both sides of the body doing something at the same time
 - Develops concentration and attention to details
 - Use practice pages from website

PRACTICE HELPFUL BEHAVIORS

- Speaking to adults in school
- Taking turns and sharing with others
- Sit, listen and wait
- Follow one and two step instructions
- Raising hands and waiting until a teacher can help
- Keeping hands and feet to yourself



ACADEMIC PREPARATION DURING THE SUMMER

- Recognize first name
- Write first name (using uppercase letter for the first letter only)
- Say the alphabet (not singing it, ex. *lmnop*)
- Identify colors in an 8 count crayon pack
- Count 10 objects, pointing to each while counting
- Recognize basic shapes: square, circle, triangle, rectangle
- Recognize and name numbers to 10, (in and out of order)
- Recognize letters in the alphabet, uppercase and lowercase (In and out of order)
- Identify some letter sounds: Video shows correct letter sounds taught. Click the link:

<http://www.bing.com/videos/search?q=video+correct+letter+sounds%27&view=detail&mid=102BDF590588D33C99F8102BDF590588D33C99F8&FORM=VIRE>

BEGINNING OF YEAR TESTING

- **DIBELS**-School-wide Assessment
 - Rapid Letter Naming
 - First Sound Fluency

Numbers 1-10 Identification



ATTACHMENTS ON THE WEBSITE FOR PRACTICE

- I Can Write My Name
- Kindergarten Readiness Packet





QUOTE

**“A child educated
ONLY at school
is an uneducated child.”**

~George Santayana